

**BEGA & DISTRICT NURSING HOME LTD**

Trading as:  
Hillgrove House (High Care)  
Casuarina (Low Care)  
Sapphire Coast Home Services  
(Community Care)  
ABN 34002554636

**An Appeal for Assistance**

Notwithstanding the amount of Government subsidy received during the year, Bega & District Nursing Home Ltd is still dependent upon the financial support of the public to enable it to continue to assist the elderly

**You Can Help By**

- Becoming a supporter by donating \$'s
- Donating towards a specific item of equipment
- Remembering us in your Will
- Joining the Auxiliary to fundraise
- Becoming a volunteer, bus driver, visitor or other

**Your support is needed and is appreciated**

**Who To Contact**

To inquire about becoming a volunteer or joining the Auxiliary please contact the office at 24 Hill Street Bega NSW (02) 6492 7777

To make a donation, simply make a payment at the office or forward your cheque to the Bega & District Nursing Home Ltd, 24 Hill Street Bega 2550

A receipt will be issued, all donations over \$2.00 are tax deductible

If you would like to make a donation for a specific purpose, please contact Jim Butterworth at the address or phone number listed above

**All assistance is very much appreciated**

www.begadnh.com.au

**Valuable time spent with residents**

DEB Morgan, leisure team coordinator at Hillgrove House, has a willing team of volunteers to help her.

"Our volunteers assist us in many ways, especially in providing valuable one-to-one time with the people who live at Hillgrove House," Ms Morgan said.

"Pastoral care, bus driving, maintaining our library and books, games, hand massaging, nail varnishing, reading, writing letters, painting, assisting on outings, fundraising, hair-setting, assisting people with their meals, call-

ing bingo, craft work, gardening and going for walks are some of the ways our volunteers give their time at Hillgrove House."

Ms Morgan said Hillgrove House had several long-standing volunteers.

"We have wonderful volunteers like Nancy Hinde, who has been volunteering at Hillgrove House since 1995 with an emphasis on pastoral care," she said.

Ms Hinde said "it is a pleasure to spend time with people at Hillgrove House and being of assistance to do whatever needs to be done".



• Volunteer art tutor Hazel Nesbitt works with Joyce Underhill at Hillgrove House.

**Good times had by volunteers**

MARGARET Johnson loves volunteering at the Bega Salvation Army Family Store.

She does it one day a week from 9am until 4pm. "It's great because of the customers and the staff and we have a good time with a bit of a laugh and a joke," she said.

Ms Johnson also volunteers for Community Transport and is a relief driver for the Meals on Wheels shopping bus.



• Margaret Johnson at the Bega Salvation Army Family Store.

**Helping with history**

THE Pioneers' Museum on the corner of Bega and Auckland Streets is open to the public on Mondays, Wednesdays, Fridays and Saturdays, with volunteers manning the desk on those days.

"It's amazing the variety of interesting people who come to see over the museum," Sandra Florance, one of the volunteers, said.

"Some have had family who lived here many years ago and others come in because they have moved to the Valley and want to know more about their



• Graham Farram and Sandra Florance on duty at the Pioneers' Museum.

home, their street or the district.

"Then there's the tourists who just want to

see what we have in our museum and the children who come on school tours," Ms Florance said.

**Tutoring tasks for children**

AT BEGA Public Valley School this week volunteers are being trained to help children improve their reading skills using a literacy assistance package, Multilit (Making Up for Lost Time in Literacy).

The volunteers will tutor selected pupils one-on-one for one and a half hours a week.

Multilit is phonetic based and has proved to be of great assistance in bringing out the full potential of pupils.

Frances Perkins who is tutoring the

tutors, said that the Multilit program is already in Cobargo, Bermagui, Quaama and Bermagui Schools.

"It would be wonderful if we had more volunteers as there are a number of children at Bega Valley Public who would benefit from the tutoring.

"Anyone interested may ring me on 6493 6486 or mobile 0423 780 498," she said.

Kay Burns, one of the volunteers, said working with the children was going to be fun and very rewarding.



• Youth Educational Support Service's Frances Perkins works with Katrina Hall and Kay Burns on Multilit at Bega Valley Public School.

*Thank You Volunteers*



A very special thank you to all of our volunteers including members of Imlay House Op Shop, Imlay House Auxiliary and the other groups and individuals who contribute so much to the well being of our residents.  
*From the board & management*

FOR ALL ENQUIRIES AND FURTHER DETAILS

Phone: 02 6495 8600  
Email: management@imlayhouse.org.au  
Web: www.imlayhouse.org.au  
Address: 3 Merigan Street, Pambula

Community owned and operated  
**IMLAY HOUSE**

2339640



**We need your help!**

Energetic volunteers are required to help with sorting and processing donated goods. A good sense of fashion and an eye for detail is helpful, but not essential.

The Salvation Army Family Store offers a friendly & social work environment and for shoppers a great place to find a bargain.

Phone or call in and ask for Andrée or Denise to arrange an interview.

*Thank you for all the great donations - now we need you to shop at the Salvos too!*

*...you never know what you're going to find at the Salvos...*

The Salvation Army Family Store  
118 - 120  
Carp St, Bega  
**6492 3524**

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