

...Caring for your loved ones...

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"Live independently at beautiful St Georges Basin"

Rosevale Home Village

Independent over 50s lifestyle living only 10 minutes from the picturesque beauty of Jervis Bay



Special

Site 28

2 bedroom, large linen cupboard, full concrete carport, front railing, auto roller door, extra 3m side grass area.

\$195,000 neg.

- Short walk to shopping centre, chemist and doctor
- 210 metres to the water • PET FRIENDLY
- Local buses, community buses, club buses
- All sites fully fenced • Electronic security entry gate

STAGES 2 & 3 OF THE DEVELOPMENT
STARTING AT \$215,000

Ring for a brochure or come in and have a chat to us. For more information contact Mick and Lyndall Browne - Owners / Managers on 02 4443 6789 or 0410 532 316.

94 Island Point Rd, St Georges Basin NSW
www.rosevalehomevillage.com.au

Enjoy over 50s community lifestyle

ROSEVALE Home Village offers residents an independent, close community lifestyle by the calming waters of St Georges Basin just 10 minutes from the picturesque beauty of Jervis Bay.

Rosevale Home Village is a husband and wife team owned and operated village with welcoming managers Lyndall and Mick Browne.

Just 25km south of Nowra, Rosevale offers you a home that is built with style and spacious floor plans, creating a luxurious standard of living for anyone over 50.

Rosevale is only a short walk from the shopping precinct, which boasts the award-winning St Georges Basin Supa IGA, post office, chemist, doctor, cafes and a newsagency.

The peaceful waters of St Georges Basin are just 210 meters from the gate and as for transport, the community bus, local bus and the club buses can conveniently pick you up.

Electronic security gates at the front of the village are operated by a personal remote control and are closed at night for your peace of mind.

Make yourself at home in the native gardens, put your own personal touch on your front yard and enjoy your peaceful, friendly surroundings.

When completed, the four-stage development

will comprise 54 homes in total and the final stages are nearing completion.

These quality homes are constructed by a licensed builder to comply with the Building Code of Australia and feature steel frames, aqua-bar flooring, solid entrance and rear doors, Enacon roof insulation, wall sarking, batts and keyed-alike locks on all windows.

Other quality features include vinyl insulated cladding, Colorbond roofing, fascia, guttering, aluminium windows and screens, all in a variety to choose from.

These lovely homes also come with a rainwater tank, garden shed, concreted carport and clothesline with some homes offering scenic water views of St Georges Basin.

Rosevale is a pet friendly village and all properties are fenced.

All you need to do is move your furniture in and have a yarn with your friendly neighbours and new best friends.

Prices in the stage two and three development start from \$215,000.

Call Rosevale on 4443 6789 or 0410 532 316 for more information or drop by and talk to Lyndall or Mick Browne at 94 Island Point Road, St Georges Basin.

You can also visit the website at www.rosevalehomevillage.com.au



Rosevale owner Lyndall Browne outside one of the village's homes in St Georges Basin.

Do you care for a family member?

MANY people care for a loved one but do not recognise themselves as a carer.

It is estimated that close to 3 million people in Australia provide consistent care for a family member or friend.

Being the primary carer for someone might involve feeding, showering, toileting, taking to appointments, companionship and doing all the household tasks.

Although being a carer has untold rewards, it also can be exhausting both physically and emotionally.

The role can sometimes be so big and so constant that the carer neglects his or her own needs.

It is important for caregivers to take good care of their own health and wellbeing so that they can continue to provide care.

If carers do not get a break, they might not be able to see the doctor, dentist or other health professional for themselves, lose contact with their friends and wider family and could become socially isolated and disheartened.

Carers vary greatly in age. Some young people care for their own parent, some elderly people care for their younger person who has a disability, some people care for their partner who might be ill or frail and some people provide

care for a parent while still having a young family.

There is assistance to make the care-giving job easier.

The Department of Health and Ageing provides funding through the National Respite for Carers Program to assist carers.

The Commonwealth Respite and Carelink Centre on 1800 052 222 can give valuable information about services.

Carers NSW has help-sheets on www.carersnsw.asn.au For help at home ring the Homecare referral line 1300 881 144 or the Aboriginal Homecare assessment line on 1300 797 606.

Don't let funeral insurance confuse you

WHEN considering funeral insurance the main points to remember are:

- You must continue to make monthly payments generally up to age 90
- Failure to make one monthly payment and the Insurance Underwriter can cancel your funeral insurance
- You receive nothing back if you stop making payments or if your policy is cancelled
- There are no pension advantages
- You have limited cover in the first year – accidental cover only
- You cannot select your preferred funeral director
- You cannot specify what you want in your funeral
- You cannot guarantee that your funeral insurance claim payment will even be used to meet your funeral expenses.



There are several things you need to consider when choosing funeral insurance.

The main problem with funeral insurance is you may end up paying more in premiums than the actual cost of your funeral.

For example if you take out funeral insurance at age 60 for a \$6000 funeral you will pay:

- Over \$7,000 in total by age 70
- Over \$14,000 by age 75
- Over \$28,000 by age 80
- Over \$85,000 by age 90

For a full report on this topic contact Wray Owen on 44232 333 or call into the office at 52 North Street, Nowra and speak with the very friendly staff. If you prefer log onto the website, www.wrayowen.com.au.



Caring for your loved ones can be simple with the right help.

Different backgrounds catered for with day care program

THE Multicultural Communities Council of Illawarra (MCCI) is a not-for-profit organisation representing the interests of people from culturally and linguistically diverse backgrounds (CALD) across the Illawarra and Shoalhaven.

The MCCI Dementia Centre Based Day Care program provides a social and supportive environment for people from CALD backgrounds diagnosed with mild to moderate dementia.

Participants of the day care program feel connected, speak in their own language, socialise

and participate in an enjoyable variety of CALD and dementia specific activities including bus outings, picnics along the beautiful Shoalhaven coastline and the lovely gardens of the Magnolia Cottage.

Participants are transported comfortably by bus from their home to and from Magnolia Cottage and a refreshing morning tea and lunch are provided.

If you would like further information regarding the Multicultural Dementia Centre Based Day Care please contact Daiana Anshaw on 0402 165 014.

Support for parents

PARENTS aged 60 years or over who care for a son or daughter with a disability or long-term illness can access support through Carers NSW's Planning for the Future Project.

Aboriginal or Torres Strait Islander parent carers aged 45 or over are also eligible for

support.

The project offers a flexible, family centred case management service which aims to prevent or alleviate the stress that can build up in families because of caring responsibilities.

For more information call 1800 242 636.

Young carers face challenges

AROUND 347,7000 people under 25 provide support for a family member who has a disability, mental illness or other long term illness.

Young carers usually have more responsibilities than other young people their own age.

They may undertake tasks ranging from cooking, cleaning, paying bills, through to minding siblings and supporting the person with an illness or disability.

Sometimes the tasks are more personal and may include helping

with showering or taking someone to the toilet.

While each caring situation is different, the experiences and challenges of young carers and their families can be similar.

Caring at a young age can have a big impact on young carers, and can affect all parts of their lives, eg. school life, social life, and family life.

For more information about young carers see www.youngcarersnsw.asn.au



Multicultural Dementia Day Care Program in Shoalhaven For people over 65 years of age who speak a language other than English

- Do you care for or know someone who suffers from memory loss?
- Have you considered a day program which provides social activities during the day that caters to people from different cultural backgrounds?

A multicultural dementia day care program maybe exactly what you are looking for, for yourself or your loved ones...

Our aim is to provide culturally appropriate care for people who are from a culturally and linguistically diverse background, who have been diagnosed with mild to moderate Dementia.

Programs are currently delivered from North Nowra and begin shortly from Sanctuary Point.

Transport is available. Interpreter services available upon request.

For more information contact Daiana on 02 4229 7566

Mob: 0402 165 014 email: daiana@mcci.org.au



Human Services Ageing, Disability & Home Care



Do you need help to plan a personalised funeral?

For a FREE information kit contact our friendly and helpful planning service or make an appointment at 52 North Street, Nowra



Contact us today 4423 2333 or visit www.wrayowen.com.au

52 North St Nowra