

Get revved up and hit the road to help local cancer sufferers!



LOOKING for a fantastic day out touring the local highways and byways?

What about the chance to win great prizes and the opportunity to show off your darts skills? Feel like having a good time with old friends and new?

What if you could do all this for only \$30 with breakfast and lunch included, and with all proceeds staying locally?

By participating in the 6th Annual Charity Dart Run you can do just that – with all funds raised to be donated to local charity Can Assist, a non-profit organisation staffed by volunteers which is devoted to supporting Wagga people affected by cancer.

With most people being touched by cancer in some way – whether personally, or a family member, work colleague, loved one or friend – Rodney

“Spider” Rynehart of Bike Essentials at 5 Dobney Avenue figured that it was a good cause to support.

That was six Charity Dart Runs ago, and the event is now well-established in the Wagga’s fundraising calendar, with the Dart Run donating more \$26,000 to Can Assist in the past five years.

“It’s a great day out – we cover 350 kilometres so it’s a good ride, plus we have lots of competitions at our stops – there are about 40 prizes to be won, with something for everyone throughout the day.”

“With the entry fee being \$30 since the very first Dart Run five years ago, the day is exceptionally good value, especially with the great prizes on offer.”

“The reason we can keep our entry

price low while still raising valuable funds for Can Assist is because of the generosity of our sponsors.”

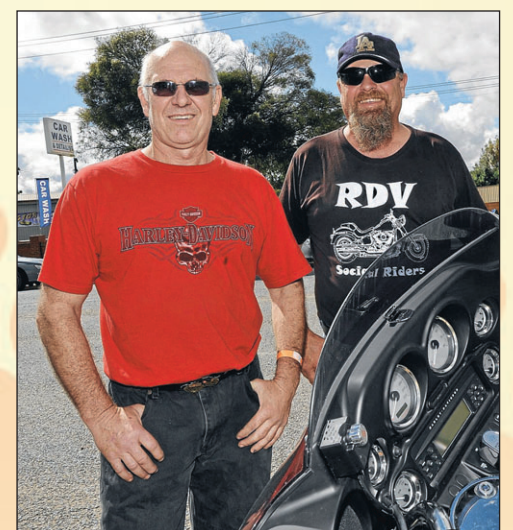
“Everything – from the breakfast bacon and eggs, to prizes at each of our mystery venues, and everything in between – is donated by fantastic sponsors.

“Without them the day would not be so successful.”

“We really want to thank all our sponsors – some of which have been with us since the very first Dart Run.”

“We have bikes, special interest cars, vintage cars, and lots of kids come along – so that means that regular vehicles with the kids’ car seats are all welcome on the Dart Run too.”

“Come and be part of a fantastic day out and raise money for Can Assist.”



Spider Rynehart and Ross Penfold at last year's Dart Run.

WAGGA WAGGA PROSTATE CANCER SUPPORT GROUP

2nd Thursday of every month
7.00pm at Wagga Wagga RSL
Cnr Kincaid & Dobbs Streets

Proud to be associated
with Can Assist

ALL WELCOME

For more information, please contact

- Kerry 0437 590 938 • Mark 0417 480 529
- Bronwyn 0409 445 587



Proudly sponsoring the
6th Annual Charity Dart Run
for Can Assist

Spider

0429 315 800

5d Dobney Avenue,
Wagga Wagga NSW 2650

Ph: 02 6925 5566

Email: contact@bikeessentials.com.au
www.bikeessentials.com.au

Dart Run details

- DATE:** Saturday, February 22
- MEET AT:** Bike Essentials, 5 Dobney Ave, Wagga
- TIME:** Breakfast and registration from 8.30am
- COST:** \$30 including breakfast and lunch
- OPEN TO:** All registered motorcycles and cars
- DISTANCE:** Around 300 kilometres
- WIN:** Raffles and prizes throughout the day!
- PRESENTATION:** From 5pm at the Sportsmen's Hotel, 107 Kincaid Street, Wagga
- PROCEEDS TO:** Can Assist Wagga Wagga, to support local cancer sufferers and their families
- INQUIRIES:** Phone Spider, 0429 315 800



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Lilier Lodge

LILIER Lodge at 317 Edward St, Wagga, is a home away from home for country people affected by cancer.

A joint initiative of Can Assist and the NSW Cancer Council, the lodge is conveniently located close to public transport, shops and hospitals and it offers guests self-catering, home-style bed and breakfast accommodation at reasonable rates.

The Lodge Manager can provide potential guests with more information on the accommodation assistance available.

Patients eligible for Veterans Affairs assistance may be able to obtain their costs back from the Department of Veterans Affairs on an ongoing basis.

Guests may be referred by doctors, specialists and social workers; however a referral is not necessary.

You can call the Lodge between 9am and 5pm week days to book your accommodation or send an e-mail.



Some Fast Facts

President:
Hayley Dwyer

Welfare Officer:
Catherine McMullen

Secretary and Treasurer:
Carmel Dwyer

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Koorlingal NSW 2650

Phone: 0417 258 173

Email:
canassistwagga@bigpond.com

Website:
www.canassist.com.au

Facebook: Search for Can Assist Wagga Wagga

Seven ways you can assist Can Assist

COUNTRY people affected by cancer are 35 per cent more likely to die within five years of diagnosis than city patients.

There are many ways that you can support Can Assist's work and help change this statistic.

If you would like to make a real, practical and positive difference to Wagga families affected by cancer you can:

- Volunteer and become part of a community of inspiring and dedicated individuals;
- Host your own event;
- Come to Can Assist's events;
- Approach your workplace and ask them to support your local Can Assist Branch;
- Make a donation;
- E-mail Can Assist's web address www.canassist.com.au to a family who may need help; and
- Spread the word! Can Assist is about local families supporting local volunteers.

Can Assist is a small charity and not enough people who need help know Can Assist exists!

The 6th Annual CHARITY Dart Run

Alternatively, the staff at the Riverina Cancer Care Centre can make your booking for you.

Country families experiencing financial distress as a result of a cancer diagnosis, should contact their local Can Assist branch who may be able to offer you direct financial support.

Most branch volunteers have been touched by cancer in some way. They understand how tough it can be and often spend their spare time fundraising to support local families in need.

Cancer Council NSW offers a variety of support services and information for patients and their families, including help with the high cost of cancer.

Programs available to help manage the high costs associated with a cancer diagnosis include one off emergency assistance, no interest loans, financial counselling and planning and legal assistance.

The Cancer Council Helpline is a confidential telephone service where you can be connected to these services.

Call the Helpline on 13 11 20 or go to: www.cancercouncil.com.au

Wagga Wagga Harley Owners Group



The ride will leave Bike Essentials at 5 Dobney Avenue Wagga Wagga at 10.00am. Breakfast and registration from 8.30am. The run is open to all registered motorcycles and cars. Raffles and prizes during the day. Presentation at the Sportsmen's Hotel after the run. All monies raised stay in the local area.

All enquiries - Spider 0429 315 800

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From the President

A THIRD generation of a local family took up a key position on the Committee of the Can Assist Wagga Wagga Branch in October.

Former Miss Wagga entrant, CSU graduate and primary school teacher Hayley Dwyer became President and her mother Carmel Dwyer is Secretary and treasurer.

Hayley's Nan and Pop John and Dawn Smith have also served on the Committee.

Although Hayley has been a long time supporter of Can Assist Wagga Wagga Branch, 2014 will be the first year she will be venturing out on a Dart Run, although she won't be taking much time out to join the fun.

"I'm quite excited - I've been involved in the planning of a few Dart Runs but I've never been out on one," Hayley said.

"But I won't be joining the procession - after serving up breakfast at Dobney Ave from 8.30am on Saturday, we'll be packing up and driving straight to Pleasant Hills to prepare for lunch.

"We've had some wonderful support and offers of assistance from local businesses individuals and community groups.

"To help raise funds, Can Assist volunteers will be selling raffle tickets and merchandise such as cups, pens, wristbands, hessian bags and car bumper stickers."

Hayley said the Dart Run was a vital fundraiser for Can Assist Wagga Wagga Branch.

"The Branch spends at least \$6000 to \$7000 each month and all of it supports local cancer sufferers and their families," she



Danica Smith and Can Assist Wagga Wagga Branch President Hayley Dwyer at the 2013 Can Assist Cocktail Party at The Rules Club.

said. "We need to raise every cent of that ourselves - Can Assist gets no form of government assistance.

"The money goes towards accommodation, travel, pharmaceuticals and the food supplements we provide."

Hayley said the Branch expected at least 100 riders from across the Riverina and beyond to take part in this year's Dart Run.

People will also be joining in the entourage in exotic, collectable and conventional cars.

While the Dart Run is the major fundraiser for the Can Assist Wagga Wagga Branch, Hayley said there'll be a host of other events throughout the year, including Mother's and Father's Day raffles.



Natalie and Frank Isaac of Narrandera with their Harley Davidson soft-tail deluxe at last year's Dart Run.



Services available from Can Assist

- Supported accommodation and transport at the Quest Accommodation Centre, Bondi, Sydney, and at Lillier Lodge, Wagga Wagga.
- Direct financial assistance for families struggling to cope with a reduced income at the same time as having increased expenses such as travel, accommodation and medication costs.
- Can Assist Viva Packs provide a range of practical home-based support for families affected by cancer.

See the brochures inside the Can Assist Information Bags for more detail.

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