



Breast Cancer Awareness Month

Support for all

WAGGA Wagga Breast Cancer Support Group (WWBCG) meets at 6.30pm on the 3rd Monday of each month at Lilier Lodge, 317-321 Edward St, Wagga.

They also meet on the last Monday of each month for lunch and a chat.

The group is open to anyone diagnosed with breast cancer.

The group's aim is to provide information and emotional support in a positive and social environment for those women and men affected by breast cancer.

All newcomers are welcome

to their meetings, events and fundraising activities.

Care Bags, containing an assortment of gifts, are assembled by the members on a regular basis. Breast Care Nurses provide these bags to those undergoing breast cancer surgery.

The club will host its Pink Day lunch at Wagga RSL Club from 11am on Sunday, October 20.

■ For more details e-mail: waggabreastcancergroup@gmail.com or phone the President Marg Vonarx 0432 574 921.



Wagga Wagga Breast Cancer Support Group members Marg Vonarx, Bev Eames, Karen O'Shea, Gail Turner, Jane Crowther, Wendy Drummond, Lorraine Harris, Jan Weeks and Helen Campbell. Picture: Jacinta Coyne



ERILAN

MASTECTOMY COLLECTION

It's Pink Month! You are invited to High Tea



on Sunday 20th October from 2.30pm at 42 Garland St, Turvey Park

Come along and enjoy some fine food and entertainment. Browse Erihan's wide collection of lingerie, clothing and swimwear with generous discounts available as well as prizes and give-aways.

Entry \$5 with proceeds going to Wagga Wagga Breast Cancer Group for its work with the local community.

It would be great to see you there!
RSVP: 6925 6757 0428 818 740 ERILAN MASTECTOMY COLLECTION
online: www.erilan.com.au

Time to think pink



Jill Tucker in her Erihan Mastectomy Collection store at Turvey Park .

Picture: Les Smith

OCTOBER is breast cancer awareness month when everyone is "thinking pink".

It's a time that focuses on health, support and fund raising for cancer patients and cancer research.

Jill Tucker, from Erihan Mastectomy Collection, wants to help women get on with their lives.

"It's important for women to feel confident, comfortable and feminine after breast surgery and the right breast forms, lingerie and clothing can help achieve this," Jill said.

Jill has a large range of these

products at her home-store in Garland St, Wagga.

"I have new stock arriving all the time such as bras, matching lingerie sets, summer tops and exercise clothing," she said.

The bras are designed for optimal support with specially designed cups and integrated pockets to accommodate the prosthesis.

Meanwhile, a new modern range of French designed bras have arrived with matching camisoles and briefs.

There are also bras designed to help control lymphoedema and others to be gentle on

scarring and sensitive skin.

Jill also has an extensive range of chlorine resistant swimsuits available in the latest colours and styles.

As a certified after-breast surgery fitting specialist, Jill wants women to have the best comfort and support with their post-mastectomy wear.

If you would like to see her range of swimwear, bras and breast forms why not join her for High Tea on October 20 from 2.30pm.

■ For more details phone 6925 6757 or 0428 818 740 or visit www.erilan.com.au.



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 - Parkinson's Disease
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Spring Cleaning Your Body!

Proud Sponsor Of Relay For Life

If you're worried – don't wait

Wagga GP

AFTER HOURS SERVICE

Why wait? For urgent, non life-threatening medical treatment outside normal business hours



Monday-Friday: 7pm-9pm Saturday: 6pm-9pm
Sunday & Public Holiday: 9am-1pm & 5pm-9pm
Christmas Day: 5pm-7pm

Appointments essential, please call

6931 0900

Piercy Place
1/185 Morgan St, Wagga Wagga

- Minimal waiting times
- Operates EVENINGS, WEEKENDS & PUBLIC HOLIDAYS
- GP on-call for urgent home visits
- Serviced by local GPs

Breast Cancer Awareness Month



We're busy, but health's our biggest priority



Riverina Women gather at the Farmer's Home Hotel in Wagga for the recent Girl's Night In. Picture: Michael Frogley

DESPITE breast cancer effecting one in every nine women, across the state approximately 50 per cent of women aged 50-74 fail to have a mammogram every two years. Women need to be aware that early detection significantly increase the chance of survival from breast cancer, and two-yearly mammograms offer the best chance of early detection.

The research by BreastScreen NSW shows that 'lack of time' is the most common reason women skip their mammogram, despite 95 per cent of them agreeing that screening may save their life.

Riverina and Border women are being encouraged to make their health a priority and take the time to book a mammogram with the BreastScreen service.

"We all know that our lives are getting increasingly busy, but it is vital that women aged 50-74 make the time to have a mammogram every two years," Debbie Lattimore, Director of the Murrumbidgee and Southern LHD Screening and Assessment Services said.

"The services are situated at the Calvary Hospital Campus - Level 2/36 Hardy Avenue in

Wagga - and at Albury Base Hospital via Keene St, and the procedure takes as little as 30 minutes."

"There will also be a mobile van at Sycamore St Leeton, then Narrandera and Young.

"For current dates and locations of mobile vans visit www.bsnsw.org.au."

Since the establishment of the BreastScreen program in 1991, breast cancer deaths in Australia have been reduced by up to 28 per cent.

NSW Minister for Health, Jillian Skinner said a woman diagnosed today with breast cancer in NSW has among the highest chances of survival in the world.

"However, we know that early detection is the key to survival," Ms Skinner said.

Professor Sanchia Aranda, Deputy CEO of the Cancer Institute of NSW, addressed the impact that talkability has on screening rates.

"When someone in the public eye speaks about their own breast cancer journey, we see a significant spike in calls to BreastScreen," she said.

"We now want to ensure that it doesn't take a cancer

diagnosis to get women talking about breast screening.

"Research shows that 'lack of time' is the most common reason women don't have their two-yearly mammogram."

Professor Aranda said that by making a pledge and identifying a personal reason to screen - whether it's being there for family, seeing a friend experience cancer, or simply living a long and healthy life - we can help keep screening a top priority.

"Through the BreastScreen NSW program, women across the State have access to a free breast screening service that exists to detect breast cancer as early as possible," she said.

The current survival rate for cancer caught at their earliest stage is as much as 97 per cent."

■ Women are encouraged to visit www.facebook.com/breastscreennsw where they can share the viral pledge and tag their loved ones as their 'Reason to Screen'. Women can register for a screening appointment on the Facebook page, or by visiting www.bsnsw.org.au.



WAGGA WAGGA BREAST CANCER GROUP

Is a gathering of women, and men, who have been diagnosed with breast cancer at some time in their lives. Our aim is to provide information and support in a positive and social environment. We meet on the 3rd Monday of each month at 6.30pm at Lilier lodge and welcome all comers to our meetings and events.

Coming Events:

RELAY FOR LIFE - Parramore Park Oct 12th & 13th

PINK DAY LUNCH - RSL Club Oct 28th @ 11am

Desserts and Cocktails at Elements Garden Court Restaurant, October 20th

Mothers Day Classic Walk 11th May, 2014



For more information contact Marg at the WAGGA WAGGA BREAST CANCER GROUP

PH: 0432 574 921

waggabreastcancergroup@gmail.com

Free Screening Mammograms

Appointments available in Level 2 / 36 Hardy Avenue, Wagga Wagga

Call 13 20 50 | www.bsnsw.org.au

Recommended every two years for women aged 50-74 years

BOOK NOW



Breast Cancer Group Luncheon

Desserts and Cocktails

October 20th at 12.30 pm

Book now for our upcoming events

Email: elements@hotmail.com.au





Breast Cancer Awareness Month



Susan Larmer, Director Paul Irvine, Jess Patterson and Bec Jones are part of the Professionals Wagga Wagga Real Estate team raising money for research to find a cure for breast cancer.

Professionals are in the pink for a great cause

OCTOBER may be Breast Cancer Awareness Month but Professionals Real Estate is dedicated to the cause all the year.

As a Diamond Partner of the National Breast Cancer Foundation (NBCF), for the month of October, all Professionals Real Estate websites across Australia have turned pink to help raise awareness and much-needed funds for breast cancer research.

Professionals take

their social responsibilities within the community very seriously.

As Diamond Partners of the National Breast Cancer Foundation, Professionals Real Estate have worked closely with NBCF for over a decade helping to raise much needed funds for breast cancer research.

To date, Professionals have raised over \$2,185,265 and that figure is growing every day

Every Professionals office donate a portion of their commission from each property sale to the foundation.

By listing and selling your home with Professionals you will be helping NBCF achieve their aspirational goal of zero deaths from breast cancer by 2030.

You can also purchase your pink ribbon items or make a donation at any Professionals Real Estate office.

RM1987281

We are proud supporters

Did you know?

For every home Professionals Wagga sell, we make a donation to the National Breast Cancer Foundation

So far The Professionals have raised over \$2.1 million dollars

Sell your home, purchase Pink Ribbon Month merchandise or make a donation at our office today and **help unlock the key to curing Breast Cancer**



It's free. It saves lives. Call 13 20 50 now.

- 1 in 9 women will develop breast cancer in their lifetime.
- 9 out of 10 women who develop breast cancer do not have a family history of breast cancer.
- Breast screening can find cancers before they can be felt or noticed - you have a better chance of survival when breast cancer is found early.
- Breast Screen NSW targets women aged 50-74 to have a screening mammogram every two years.
- 30 minutes every two years can offer peace of mind.
- No doctor's referral is needed (Breast Screen NSW encourages you to share your results with your doctor. Please bring their details to your appointment so we can send them your results).



WAGGA WAGGA COLLECTION CENTRES

FERNLEIGH RD ACC

53 Fernleigh Rd
Turvey Park NSW 2650
Ph: 6925 5766 • Fax: 6925 1872
Open Mon-Fri 8:00am-5:30pm

LAKE ALBERT ACC

39 Gergory Crescent
Lake Albert NSW 2650
Ph: 6926 6279 • Fax: 6926 6279
Open Mon-Fri 8:30am-5:00pm
Closed 1:00-2:00pm

MORGAN ST ACC

Unit 2/185 Morgan Street
Wagga NSW 2650
Ph: 6925 8775 • Fax: 6925 8775
Open 8:00am-4:30pm
Closed 1:00-2:00pm

JUNEE ACC

98 Broadway
Junee NSW 2663
Ph: 6924 3636 • Fax: 6924 3636
Open 8:30am-4:30pm
Closed 1:00-2:00pm

WEST WYALONG ACC

33 Maitland St
West Wyalong
Ph: 6972 1033 • Fax: 6972 0073
Open 8:30am-3:30pm
Closed 1:00-2:00pm

PETER ST ACC

135 Peter Street
Wagga NSW 2650
Ph: 6921 7044 • Fax: 6921 0752
Open Mon-Fri 7:30am-4:15pm

KOORINGAL ACC

295 Lake Albert Road
Lake Albert NSW 2650
Ph: 6926 1958 • Fax: 6926 1958
Open 8:30am-1:30pm

KINCAID ACC

166 Kincaid Street
Wagga NSW 2650
Ph: 6921 4496 • Fax: 6921 4496
Open 8:30am-4:00pm
Closed 1:00-2:00pm
Sat: 8:00am - 11:00am

ADELONG ACC

109 Tumut Street
Adelong NSW 2729
Ph: 6946 2033 • Fax: 6946 2415

EDWARD ST ACC

Suite 6a, Specialist Medical Cen.
325-3271 Edward St, WAGGA
Ph: 6925 5624 • Fax: 6925 5624
Open 7:30am-4:30pm
Closed 1:00pm-2:00pm

GLENFIELD ACC

8 Tanda Place Glenfield NSW 2650
Ph: 6931 6207 • Fax: 6931 6207
Open Mon-Fri 7:00am-5:00pm
Closed 1:00pm-2:00pm
Sat: 8:15am - 11:30am

THE ROCK ACC

16 Day Street The Rock NSW 2655
Ph: 6920 1758 • Fax: 6920 1758
Open Mon, Wed, Fri 9:00-4:30pm
Tue, Thur 9:00-1:00pm
Closed 1:00pm-2:00pm

ESTELLA ACC

31 Avocet Drive
Estella NSW 2650
Ph: 6933 1770 • Fax: 6933 1770
Open 8:30am-4:00pm
Closed 1:00pm-2:00pm

TUMUT ACC

61 Fitroy Street
Tumut NSW 2720
Ph: 6947 2011 • Fax: 6947 4260

TATTON

3 Stirling Boulevard NSW 2650
Ph: 6926 6851
Open 8.30-1pm



New collection centre - Tatton Medical Centre

- Locally managed and operated servicing Wagga + surrounds
- Friendly, courteous + highly skilled staff
- Bulk billing
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Leaders in Healthcare

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