

Senior living

Tranquil retirement option in the CBD

ROSEBANK Retirement Village offers affordable, secure, self-care retirement living in Central Wagga Wagga.

With 30 individual units set among peaceful rose gardens, and a community hall located in the heart of the village, Rosebank is an ideal option for retirement.

Rosebank Retirement Village is owned and operated by Kurrajong Waratah, who have over 50 years experience in service delivery.

Enquiries regarding Rosebank Retirement Village can be directed to Cathie Smith, Development Services Manager

on 0438 219 487.

Features include:

- Quality units
- Fully maintained grounds.
- Onsite community facilities for residents and guests.
- Medi alarm facility for all residents with emergency on call 24 hours a day.
- Regular organised social activities
- Close to Wagga hospitals and medical facilities.
- Central location.
- Public transport close by.



-Scooters-

-Lift Chairs-

-Scripted Wheelchairs-

-Daily Living Aids-

-Beds and Mattresses-

Hire

-Pressure Care Needs-

Visit our showroom at:
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Ph: 02 6921 1000
 sales@bettermobility.com.au

Better mobility equals better life

BETTER Mobility, your mobility and rehabilitation equipment specialists, don't just sell scooters.

Extensive knowledge of the industry, met with great customer services, allow them to stand alone with their fantastic range of products and services.

They can provide you with everything you need for any

mobility or rehabilitation concern.

From daily living aids, walking sticks, crutches, shower chairs, wheelchairs, walkers, lift chairs, right up to mattresses and bedding, and they even specialise in scripted wheelchairs.

One thing you may not know however, is that they don't just care for the elderly or disabled,

they can also help you get back on your feet after a sporting injury, or operation, and can hire out equipment if you don't need it long term.

If you've been thinking about visiting Better Mobility, stop thinking about it and get yourself along to 54 Hammond Avenue, where you can see everything there.

SPACIOUS ONE BEDROOM UNIT IN CENTRAL WAGGA RETIREMENT VILLAGE

Rosebank Retirement Village offers affordable, secure, self-care retirement living in central Wagga Wagga.

This well presented and spacious one bedroom unit with beautifully maintained surrounds will meet the needs of seniors seeking peace of mind and the confidence someone else will attend to the gardening and maintenance.

Rosebank is an ideal lifestyle choice for residents wishing to develop new friendships and maintain independence and community interests.

Affordable unit - perfect for budget conscious retirees.

Phone Cathie Smith - 0438 219 487 for information or inspection.

Rosebank Retirement Village - a division of Kurrajong Waratah. Thomas Street, Wagga Wagga.

Helping people live independently

Offering a person centered approach to client service including the following:

Domestic Assistance Personal Care Respite Care Shopping

Our services are available during the day or night & on weekends depending on personal circumstances.

Region: Wagga Wagga, Temora, Junee, Cootamundra, Young, Harden, Boorowa

Further information

Phone: (02) 6937 9621

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Senior living

Do you need help at home?

THE Haven's Home and Community Care (HACC) Program can provide services such as domestic assistance, personal care, social support and respite care.

Client eligibility will be assessed by The Haven's qualified staff and they can tailor the support to best meet their needs.

For example, support can be as little as an hour of cleaning once a fortnight or a combination of personal care and domestic support for several hours each week.

The Haven's Home and Community Care (HACC) Services is supported by funding from the Australian Government under the Commonwealth HACC Program.

Services available include domestic assistance, personal care, respite care and social support.

Older people living in the community who need assistance with activities of daily living are eligible. The target group are older persons aged 65 or over or Aboriginal and Torres Strait Islanders aged 50 years or over.

However, eligibility is not solely based on age but on the level of difficulty

carrying out activities of daily living such as personal care; dressing; preparing meals; house cleaning and maintenance.

If you are having difficulties coping, all you need to do is complete an application form and The Haven will conduct an assessment at no cost to you to determine your eligibility.

Clients will be asked to pay a small contribution for services.

This will depend on the service provided or whether the client is a pensioner or non-pensioner.

If a prospective client says they cannot afford to pay for the services, The Haven will conduct a brief income assessment to determine if they are financially disadvantaged.

If this is the case, they will not pay any fees.

The Haven is the only provider in Wagga covering community care, independent living and residential aged care.

■ *To apply for assistance through The Haven's HACC program, phone 6925 5500 or e-mail reception@haven.net.au and ask for an application form and community care information package.*

New Community Care Program for The Haven

THE Haven can now provide Commonwealth Home and Community Care (HACC) services for frail older Australians following a successful application to the Federal Government.

The objectives of the program are to provide flexible support and care services that assist clients to be independent at home and in the community and prevent or delay their admission to long term residential aged care.

The Commonwealth will fund the services up to \$454,250 per annum which will allow The Haven to provide 10,850 hours of assistance across a range of services including domestic assistance, personal care, respite care and social support.

The target population is older persons aged 65 years and over and Aboriginal and Torres Strait Islander people 50 years and over.

Eligibility for the services is determined by an



The Haven's GM Shane McMullen and chairperson Jean Spurge with plans to upgrade the facility.

assessment conducted by The Haven. Clients must be living in the community and have difficulty performing basic daily living activities.

Fifty per cent of the funding is targeted towards assisting older persons

who are financially disadvantaged.

"This service will be a great benefit for eligible people, improving their quality of life through the provision of basic support and care services," General

Manager of The Haven, Shane McMullen said.

Older persons or their carers interested in the packages or wanting further information can phone The Haven, 6925 5500.

Are you an older person?

Do you need some assistance at home?

The Haven Community Care can help.

The Haven has access to Commonwealth Government funding to provide support to older persons in their own home to help maintain their independence and quality of life.

The Haven's Home and Community Care (HACC) Program can provide services such as:

- Domestic Assistance
- Personal Care
- Social support and
- Respite Care

Eligibility is assessed by our qualified staff and **you can tailor the support to best meet your needs.** For example, support can be as little as an hour of cleaning once a fortnight or a combination of personal care and domestic support for several hours each week.

If you require further information or an application package please contact our administration staff at The Haven on **0269255500** or e-mail reception@haven.net.au

The Haven's Home and Community Care (HACC) Services is supported by funding from the Australian Government under the Commonwealth HACC Program.



DONATIONS TO THE HAVEN ARE DEDUCTIBLE FOR INCOME TAX PURPOSES

THE HAVEN COMMUNITY LIMITED
156 Bourke Street, Wagga Wagga, NSW 2650
PO Box 7289, Mt Austin, NSW 2650

Phone: 02 6925 5500
Fax: 02 6925 2332
e-mail: reception@haven.net.au
ABN: 55 871470616 ACN: 133336375

Senior living

Life is easy on Murray

RIVER Murray cruising has come a long way in comfort and reliability since the days of the paddle steamer.

While the lower reaches have been easily accessible to cruises for many years the upper reaches of the Murray have always resisted commercial cruising. Until recently.

Spirit Australia Cruises have changed that with their Murray River Run programs, cruising Albury to Echuca in six days and Echuca to Mildura in eight days as well as cruise programs between Mildura and Goolwa.

Operating with a boat specifically built for cruising the shallow and treacherous waters of the Murray Mouth and Coorong, and transported to Albury by semi-trailer, these Murray River Run cruises operate only late October, November and early December to coincide with release of irrigation water.

This smaller, shallow

draught, purpose-built boat allows cruising in narrow and shallow areas of the river not accessible to other commercial cruise boats. Capacity is only 30 passengers making the cruise experience a very personalised one.

Unlike traditional river cruises the Albury to Echuca and Echuca to Mildura cruises travel one-way to maximise river distance and return by coach. Overnight accommodation along the way is not in cabins but in riverside town hotels. All meals are included.

Captain Jock Veenstra, director of Spirit Australia Cruises, usually captains the Albury to Echuca and Echuca to Mildura cruises personally.

"I still get a real buzz out of taking passengers on stretches of river that no other tour operator has travelled previously," Mr Veenstra said.

Help is close at hand

RAY Pascall had been living in his villa at Settlers Village since 2003 – and he loved it.

The long retired PMG telegraphist and World War II Digger may have been living on his own, but company was always close by and residents regularly dropped by with electrical items he could repair in the workshop he set up in the garage.

He was even able to host his daughter Beverly's dog Maddie for short visits.

However, a few months before his 90th birthday, Ray's health took a turn for the worst.

He was laid low by pneumonia and fluid around his heart and lungs and was eventually admitted into intensive care.

By the time he was up and about again, living on his own in the villa was out of the question, but Settlers Village apartments

weren't far away.

Ray has now settled into his new accommodation and is loving his new surrounds.

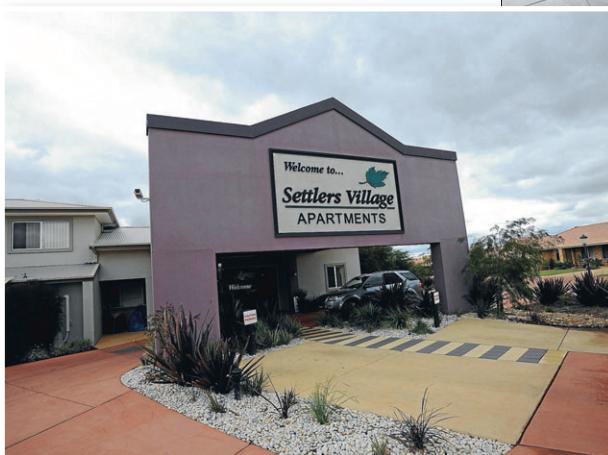
"The doctors wanted to put me in a nursing home, but here I am still among my friends and I get 24-hour care," he said.

"The greatest thing is the support I get from staff – there are three good meals a day and the room is cleaned and washing is done once a week.

"And help is only a push of a button away."



Ray Pascall loves life at Settlers Village apartments.



Do you need time away?

- for a holiday • general time out
- to keep appointments

NANNY FOR SENIORS

Including companionship, attending medical appointments, shopping, general outings including attendances at the theatre, movies and coffee. NFS provides assistance to carers who require "time out" for themselves.

Please phone:
Carmele Castrission
6926 2177 or
0429 639 377

RM1983753

ARI ACTIVE OVER 50's

Land and aquatic based exercise programs for the over 50's.

- Qualified fitness instructors
- Fun & social atmosphere
- All fitness levels welcome
- Improve or develop strength, balance & cardiovascular health in a supportive environment

WHERE : OASIS AQUATIC CENTRE
WHEN : 11.00am - running for 1hr.
WHAT : TUESDAYS: Land based program
 THURSDAYS : Aqua based program

City of Wagga Wagga
oasis regional aquatic centre
 p 69 269 390
 f 02 69 373 747
 www.wagga.nsw.gov.au/oasis

Jacinta Creighton
 Programs Facilitator
 creighton.jacinta@wagga.nsw.gov.au

RM200998

MURRAY River Run

Albury - Echuca 6 days/5 nights	490 river kms
Echuca - Mildura 8 days/7 nights	830 river kms
Wellington - Border Cliffs 5 days/4 nights	560 river kms
Goolwa - Mildura 8 days/7 nights	880 river kms
Mildura - Renmark 4 days/3 nights	320 river kms

Riverside hotel accommodation: All meals: Morning & afternoon tea:
 One-way cruise with coach return to boarding port.

BOOKINGS & INFO
 1800 442 203 • www.murrayriverrun.com.au

SPIRIT Australia CRUISES

RM2056255

Kick off Seniors Week at Settlers Village

Come, relax, have a cuppa and enjoy a morning of laughter and fine food. Encourage a friend or family member along

Seniors week Morning Tea
Saturday 15th March at 10am
 RSVP by 12th March

Settlers VILLAGE

The ultimate community lifestyle for over 55's
 Independent Living Villa's * Assisted Living Apartments
 Call now for more information or to organise a village tour
 Ph: 02 6923 6400
 Franklin Drive Estella, Wagga Wagga 2650 www.settlersvillage.com.au

RM2055065

Senior living

Colleen's lingerie-clad angels

TRYING on a bra or lingerie in a public change room can be daunting for us all. Catching our mirrored reflections whilst we fit, lift and clip as fast as we can.

We have all been there. Now imagine what a woman who has just lost one or both breasts goes through in that same change room.

Recently, I met an amazing woman who told me her story of how a lingerie department change room not only changed her life, but the lives of thousands of local Canberra women facing the daunting task of buying a new bra for their new bodies – post mastectomy.

Thirteen years ago Colleen Findley was standing in a department store change room with tears pouring down her face, recovering from a mastectomy and trying to find a new bra and prosthesis to fill the spaces where her breast tissue had once been. After being handed a cumbersome, ugly bra, ten times too big in hospital, Colleen had asked a sympathetic community nurse to help her find a bra to suit her petite build off the rack. As she looked at herself in the mirror, Colleen's nursing background and proactive, caring nature kicked in.

"This has to change! I don't want any more women to have to go through this."

Determined to make a difference in post mastectomy support and care, Colleen contacted a European company who specialise in external prosthesis and whilst still recovering from chemotherapy, she flew to Germany for training in how to fit prosthetics and bras. On her return she opened a store, which specialises in Post Mastectomy support and products. 'Colleen's'

'Colleen's' in Dundas Court Phillip is so much more than a lingerie store. It is a haven of support and advice for the women of Canberra and surrounding regions who are battling breast cancer and finding out what their new normal means. Clients walk in and walk out with everything they need in this 'one stop shop.' They are fitted privately and sensitively for their prosthesis and specially designed bras in beautiful, feminine, sexy designs and colours, to suit young and old alike. Colleen's stocks lingerie, swimwear,



gym gear and good quality wigs in all colours and styles. This amazing woman was recognised for her service to the Breast Cancer community in 2009 when she was awarded an Order of Australia Medal.

When Colleen decided to hang up her tape measure and take time to relax, travel and write a book on her experiences, she knew only a woman who had been down the road of recovery could run a business like this, and Gillian Horton is just the gal for the job. Gillian, a petite, bubbly woman with a giant heart is a big believer in 'giving back.' She has the friendly, caring and empathetic nature needed to carry on in this important role and service. Her vision is to continue Colleen's wonderful work and offer something different including an online store, exciting store events and promotions and extend the visiting service to more regional areas.

For local women in the fight for their lives against Breast Cancer, these two wonderful women truly are - 'Lingerie Clad Angels.'

Keeping a hearing life with a hearing loss

DEAFNESS is caused by many different factors, including, but not limited to, age, noise, illness, injury, chemicals, physical trauma, disease and genetic defects.

Hearing loss can range from mild to profound, temporary to permanent or it can deteriorate with age.

Temporary deafness has many causes, including wax in the ear, drugs or an infection. Tinnitus (ringing in the ear) may occur on its own, or in conjunction with hearing loss. There is a Tinnitus Association who can provide support and strategies to assist with the management of

Tinnitus.

One of the most common causes of deafness is exposure to loud noises as experienced in the workplace or by Veterans during military service. The good news is that there is technology to assist people with a hearing loss, to stay in the hearing world and not loose quality of life.

Peter, a decorated war veteran, recently shared his story.

"After being deaf and not being able to hear TV for 40 years I had been to 12 hearing aid centres and not one of them could do anything for me.

"All the aids they tried out

were useless. It wasn't till I got connected up with Printacall and after 40 years and more I was able to hear TV.

"I just put the headset on and get whatever volume I want and the clarity of the sound is unbelievable.

"I can walk 40 metres away and still hear the TV. It is absolutely incredible."

For the computer savvy Printacall also has a very informative user friendly website where products can be researched and purchased from the comfort of home. www.printacall.com.au; (02) 9809 2392.

Explore beauty of Bay

LJ Hooker Batemans Bay is more than 37 years old, having joined the group in 1977.

However, their real estate office on the corner of Beach Road and Orient Street has been operating since the late 1950s and is a well-known landmark for locals and visitors to the region.

LJ Hooker Batemans Bay specialises in residential, commercial and industrial sales and their auctions are held on site or in their rooms.

Their property management department specialises in permanent and holiday letting.

The LJ Hooker Batemans Bay team operates more like a family.

They all enjoy their work and understand how important your property is to you.

This reflects positively on the



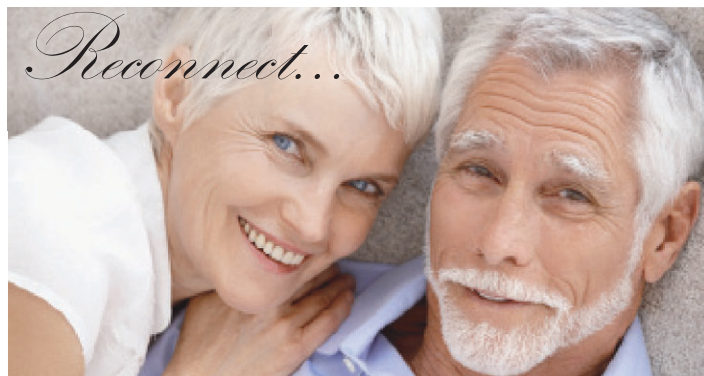
Batemans Bay real estate market and the professionalism of the team in providing excellent service, advice and assistance to vendors, purchasers, investors and tenants.

For more details phone (02) 4472 6455, email batemansbay@ljh.com.au or go to their website ljhooker.com.au/batemansbay.

Proudly supporting Seniors Week 2014



Specialists in devices developed to help hear the Telephone, Television, Conversation, Alarms and Alerts



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Now you can also purchase online at www.printacall.com.au

Colleen's

Post Mastectomy Connection After Breast Surgery

APPOINTMENT NECESSARY FOR FITTING

- Prosthetics — extensive range (Medicare Rebate every two years)
- Mastectomy bras, wide range of styles and colours.
- Swimwear and gym wear. (suitable for mastectomy and non-mastectomy)
- Support bras for shoulder or back pain (non-mastectomy)
- Bras with larger cup
- Wigs, hats, turbans, scarves

New Owner. Same Caring Service

NEXT APPOINTMENT
 Young March 8, May 3, Wagga Wagga March 10, April 28
 and Cowra March 17, May 5
 Phone now for an appointment

Tues to Fri 9.30am to 4.30pm other times by arrangement
3/60 Dundas Court Phillip 2606 ACT | 02 6285 1311 or 0424 052 747
www.colleens.com.au | [e info@colleens.com.au](mailto:info@colleens.com.au)

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batemansbayaccommodationcentre.com.au

LJ Hooker Batemans Bay

Senior living

Forrest Centre can guide you through

THE options available for people seeking aged care services are many, varied and just plain confusing.

There's community options, aged care packages, extended aged care at home, extended aged care at home dementia and of course residential care services.

For people wading through those options it's like a maze.

Not only are people expected to understand the complicated system, but also fill in a whole variety of forms.

The bad news is there are more changes to the existing arrangements to take effect from

July 1 this year.

However, there is some good news.

The Forrest Centre in Wagga has set up a special advisory service to help people negotiate their way through the system.

It's called Aged Care Solutions and has been established to provide a whole range of information and advisory services to support people in achieving the best aged care options that are available.

Heading the service is one of Wagga's leading aged care specialists, Dinah Lightfoot.

Contact Dinah on 6932 3009 to arrange an obligation free meeting.

Something iSmile about

THE Riverina's newest state-of-the-art Dental Clinic which opened at the end of December 2013 is located at 316 Edward Street, Wagga.

The clinic's principals are dentists Dr Hossam El Sanabary and Dr Ahmed Ghazy, both of whom have served the Wagga community for some eight years, made the decision to setup their own practice.

Their passion to dentistry evolved from their belief that it combines art and science together.

Their commitment is to assist people and nothing is as good as improving their health, and self esteem by giving them a great smile.

Dr Sanabary and Dr Ghazy believe customers have the freedom to choose what suits their time and budget and definitely who they trust.

They provide a comprehensive oral assessment and its implication on the general health, discuss all the finds with their patients to be able to completely comprehend what their needs are, which will allow



PEARLY WHITES: The iSmile team Janice Scadden Dr Hossam El Sanabary, Dr Ahmed Ghazy, Katherine Peacock and Kathryn Simmonds in one of the operating rooms of the new Clinic at 316 Edward St Wagga.

them to formulate their own treatment plan in a way that suits their time, needs and budget.

It is through their experience and knowledge and most recent evidence based studies, and with the aid of latest technology that they will be able to carry out the best possible treatment.

Dr Sanabary and Dr Ghazy are proud of the level of high quality

dentistry they deliver to their patients.

Their reward is patient satisfaction and having a smile on their face after treatment.

iSmile Dental Clinic has a brand new state-of-the-art facility with a comfortable and relaxing environment, together with the latest dental equipment.

Their goal is to provide the most recent

advancement in dentistry both in treatment and equipment.

iSmile Dental Clinic is open Monday to Friday 8.30am to 5.30pm and Saturday from 9am to 1pm.

They are available for emergency service on weekends and public holidays.

They can be contacted on 6925 5511 or their website www.ismiledentalclinic.com.au.



Healthy Sleep Solutions™
Riverina
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Solutions that come to you



Australia's largest ambulatory diagnostic and treatment company is conveniently located in Wagga at 405A Lake Albert Rd (Next to Stuart's Store)

Patients at risk of sleep apnea include those with diabetes, hypertension or obesity and patients who snore or complain of day time fatigue

Healthy Sleep Solutions now offer Sleep Apnea testing, CPAP Trials and Equipment Sales – **CPAP Machines can be purchased on easy interest free monthly payments**

- Sleep studies are bulk billed*
- Small out of pocket consultation charge, payable on the day
- No waiting lists
- Fast results with reports provided directly to your GP
- Conducted in the patient's home
- Reviewed by a Specialist Sleep Physician

Treatment options and long term patient follow up available

PHILIPS RESPIRONICS **Phone 0431 773 843** RESMED

*Patients must be pre-assessed by a GP to qualify for Medicare funding

Something iSmile about!

We offer gentle, comprehensive and high quality dental healthcare from our new state of the art clinic.

- We welcome new patients
- Flexible times to suit your schedule
- On call and emergency service weekends and public holidays
- Hicaps
- We accept the new Medicare child dental scheme

Dr Hossam El Sanabary & Dr Ahmed Ghazy look forward to providing you with a lifetime of dental health.





316 Edward St, WAGGA
6925 5511
www.ismiledentalclinic.com.au

Lost in the maze of aged care options?



Contact Dinah Lightfoot at

Aged Care Solutions

for an obligation free consultation

**Forrest Community Services,
Meurant Avenue, Wagga Wagga.
Phone 6932 3009
www.forrestcentre.com.au**



Senior living

Get busy living and loving life

THIS year there are over 30 activities and events that are designed to inspire, excite and engage during Wagga Seniors Week, to run from March 16 to 23.

There is something for everyone aged over 50 from historical and themed walking and coach tours, quirky short Australian films, live musical performances to hands-on creative workshops and much more.

Highlights include the Young At Heart Seniors Film Festival launched by *The Daily Advertiser* film critic, Fred Goldsworthy and *Come Together: Songs from the Beatles Songbook* performed by Jamie Way.

Programs are available from the Civic Centre, Tourist Information Centre, Wagga Civic Theatre and Seniors Community Centre.

Highlights

Local Seniors Week launch

Councillor Rod Kendall, Mayor of Wagga, will officially launch the week-long celebrations.

When: Sunday, March 16, Seniors Community Centre, Tarcutta Street, Wagga, 1.30pm to 4pm.

People and place Fitzmaurice Street walk

Take a journey through time with exhibition curator and historian Dr Nancy Blacklow on a walking tour of the city's iconic Fitzmaurice Street. Walks will be held throughout the week.

Discover Jerilderie, Darlington Point, Cowra, Yarrawonga/Mulwala

Day trips explore the area's historic towns

Pirates to Pinafore

This punchy and entertaining musical will showcase over 20 smash-hit Gilbert and Sullivan songs.

When: Tuesday, March 18, 11am Wagga Civic Theatre, Burns Way, Wagga

Young at heart seniors' film festival 2014 launch

The Young at Heart Seniors' Film Festival program showcases some of our most original and inspiring "home-grown" stories from comedy to drama starring the best Australian actors over 60 years of age.

When: Tuesday, March

18 at 6.30pm at Commercial Club.

Come Together: songs from The Beatles songbook

Local entertainer Jamie Way will have you singing from the rafters as he performs a repertoire of Lennon/McCartney-produced songs.

When: Friday, March 21 at the Main Lounge of the Commercial Club, 77 Gurwood Street.

New Vogue dance social with John Smith

An Australian form of sequence dancing that originated in the 1930s. Since then it has become an important part in the Australian ballroom scene, holding as much importance in social and competition dancing as Latin or International standard dances.

Light refreshments will be provided courtesy of the Seniors Week Committee.

When: Saturday, 1pm to 4pm at Seniors Community Centre.

Seniors Week closing ceremony

Entertainment provided by the Cantilena Singers. Afternoon tea will be served.

When: Sunday, 1.30pm to 4pm at the Seniors Community Centre, Tarcutta Street.

IN THE SWIM: There is plenty to do during Seniors Week this year. See council's website www.wagga.nsw.gov.au for a full rundown.



Nursing agency is a real ACE

AUSTRALIAN Casualty Express Services (ACES) is a locally owned and operated business run and serviced by Eric and Rebecca Cox.

ACES is proud to offer the newest nursing agency in the area.

ACES nursing agency provides staff for home care as well as nursing homes and has an online application form for nurses should they wish to apply.

ACES also provides a wide range of other medical services to the Riverina.

As well as supplying first aid training to groups in a variety of formats, ACES can also provide first aid and safety equipment onsite at your business or organisation with no service fees.

Browsing and ordering through ACES' online store is another option available for your convenience.

Together Eric and Rebecca look forward to providing you with the very best of health services and products.

Phone 6931 3846 or 0429 012 734, or visit the website at australiancasualtyexpressservices.com.au for more information.

Riverina Motorhome Hire



Winnebago 6 berth
NOW AVAILABLE
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Available for short term & long term.
Car licence req.

0417 290 724
or
6953 7672



"We now provide a Nursing Agency"

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- Medical Supplies
- First Aid Training
- Safety Equipment

ERIC & REBECCA COX
Ph/Fax: (02) 6931 3846
Mob: 0429 012 734
PO Box 727, Wagga Wagga NSW 2650
Email: eric.bec1@bigpond.com
www.australiancasualtyexpressservices.com.au

Distributor For:
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Whitely Medical and Industrial Chemicals
Ferno
Kappler
Stoko Handcleaner
Survival It's Life
Tyco Healthcare
Pratt Safety Solutions
Drug & Alcohol
Testing

If you're worried – don't wait



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Why wait? For urgent, non life-threatening medical treatment outside normal business hours

- Minimal waiting times
- Operates EVENINGS, WEEKENDS & PUBLIC HOLIDAYS
- GP on-call for urgent home visits • Serviced by local GPs

Monday-Friday: 7pm-9pm Saturday: 6pm-9pm
Sunday & Public Holiday: 9am-1pm & 5pm-9pm
Christmas Day: 5pm-7pm

6931 0900
Piercy Place 1/185 Morgan St, Wagga Wagga