



# Putting women's wellbeing first

**C**OLLEEN'S is an independent company offering practical help and emotional support. Providing products such as silicone prosthetics, mastectomy bras and bathers, sleepwear, wigs, accessories and many more, Colleen's staff hope to encourage and empower women affected by breast cancer to return to feeling comfortable and like themselves as soon as possible.

Colleen's was started as a result of Colleen Branstetter having a mastectomy and chemotherapy in the year 2000. It

was Colleen's desire to create a "one stop shop" for ladies who would be going through a similar experience.

Choosing the environment for such an outlet was very important to Colleen as she knew that ladies needed a private environment, closed door fitting rooms, easy parking and stock that would be in the store at all times.

Colleen is well recognised as a professional bra and prosthetic fitter and also has qualifications in counselling as well as strong business acumen.

She has a wonderful caring team working with her and like Colleen, these

women are all survivors. Each of the staff has been hand chosen by Colleen and they help to ensure that the personalised care and attention is offered to all women visiting the shop.

There has been so much advancement in technology of breast prosthetics in that they now meet the ever changing real-life needs of women following breast surgery.

The Comfort+ breast forms help a woman maintain constant body temperature, whatever she is doing, allowing her to feel fresh and comfortable all day.

The Medicare rebate of \$400 for each prosthetic is available to women who hold a Medicare card and women are entitled to this rebate each two years.

Lingerie is also available in so many styles and colours these days with matching cami tops and undies. Bathers are updated each year to allow women to have the latest fashion styles and colours.

Along with these wonderful products comes the excellent service and care at Colleen's.

For more information about the service please visit [www.colleens.com.au](http://www.colleens.com.au).

## Host a night in to help girls out

THIS month, join the hundreds of thousands of wonderful women who will be staying in to support Cancer Council's Girls' Night In.

By getting involved you are showing your care and support for the nearly 13,500 women - grandmothers, mothers, sisters, aunts, daughters and friends - diagnosed with breast and gynaecological cancers every year.

Cancer Council's Girls' Night In is a fantastic chance to catch up with the girls, have fun and raise funds for all women's cancers.

Getting involved is easy. Simply invite the girls over for a fun night in and ask them to donate what they usually spend on a night out. Whether it's a DVD marathon, a casual dinner party, a pamper evening, a book club or even just inviting the girls over for a catch up,

whatever you choose to do can be as big or small as you like. Nobody can do everything, but everyone can do something.

"Girls Night In is a great way to raise important cancer awareness and funding for all women's cancers while having a fun night in with your girlfriends," said Cancer Council Australia's CEO Professor Ian Olver.

All the money you raise will help Cancer Council fight breast and gynaecological cancers through prevention programs, support services and world-class research.

Hosting a Girls' Night In is an opportunity to connect with the most important women in your life. Whatever it is that you and your friends do to relax and enjoy each other's company counts as a Girls' Night In.

## Need personal & careful care, but can't get to Canberra?

*Colleen's Post Mastectomy Connection*

**CALL & BOOK YOUR PLACE TODAY!**

PHONE: 6285 1311 3/60 DUNDAS COURT PHILIP ACT



# STC

## Southern Tablelands Conveyancing

**Call and see the Team at Southern Tablelands Conveyancing for all needs**

For comprehensive advice on buying your home, you should contact

**Dianne or Sonia**  
Licensed Conveyancer

**Proud to be associated with Pink Ribbon Day and Breast Cancer research**

## Southern Tablelands Conveyancing

Property Conveyancing Professionals

**7 Montague Street Goulburn 2580**  
**Tel: 4823 5511 • Fax: 4823 5522**

## TOM MOSS

**AUTO REPAIRS PTY LTD**

Phone **4821 7764**      Phone **4821 1102**

**A FULL RANGE OF AFTERMARKET, SERVICE AND MAINTENANCE PARTS AVAILABLE FOR ALL MAKES AND MODELS**

- Car servicing and repairs
- EFI injector servicing available
- Engine reconditioning services
- Disk and drum machining
- Flywheel grinding

**3 WAYO STREET, NORTH GOULBURN 2580**  
~ Established 1977 ~

**Proudly supporting breast Cancer Research on Pink Ribbon Day**