

Secondary entry #7: Gosford High School



# Gosford Gazette



ANGELS: St John Ambulance volunteers. Picture: Matt McCleod

## The people who save our lives for free

By OLIVER MOOR

THE St John Ambulance movement started in Australia in 1883 and promotes the cause of first aid for wounded and sick people through the efforts of volunteers.

The self-funded charitable organisation is now active all over Australia and has grown to include first aid, health services, training, business advice, kits, school immunisation support and literacy support.

Those involved love being a part of a team that works hard to achieve the humanitarian objectives of the organisation.

Recently, a new division of St John Ambulance opened at the University of Newcastle.

William Anderson, a student at the university said: "We have a good number of members, I can't wait until I get involved".

While the division is aimed at students, it is open to anyone aged over 18 years.

It is expected to initially service local sporting activities as well as events within the university.

"The people studying healthcare, seem to be very excited about it," said John Jackson, an undergraduate student.

Along with first aid, participation within the division means that there is the opportunity to learn more advanced skills, including the use of automated external defibrillators and analgesic gases.

By KRISHNA SRIVASTAVA  
and CALEB FERRY

GOSFORD Council has strengthened the effort to develop Gosford CBD with the Park Centre Development its crown jewel.

The Park Central Building is significant both in terms of its size and great location – 50,000 square metres or the equivalent of eight soccer fields.

The Park Centre features two levels with a relaxing view overlooking the central Kibble Park.

Plans are expected to start taking shape within a six-month time-frame. Yet with an enormous space and a relatively small time frame, it wouldn't take a degree in aerospace engineering to imagine the scope of possibilities.

City Markets Gosford will lease the entire ground floor (with space for three supermarkets) as a commercial hub. This area will be available to lease for business and retail purposes.

The potential facilities include a telework site which supports corporations and individuals, space for teaching and commercial presentations, a creative industries business start-up incubator, a market intelligence resource for small businesses, and a new library.

The new city library will occupy 3000 square metres and could possibly be linked to a proposed



ROOM TO IMPROVE: Gosford Library as it is now in Kibble Park.

Picture: Bethany Harriss

university presence within the building and CBD.

A tiered lecture theatre with seating for 120 people featuring audio-visual equipment is planned and will be available for functions, conferences and lectures.

"The new library building should become a focal point for the community as a place for research and study; a place to store and display our collection of local studies

material; a meeting place for those with literate pursuits.

"There should be special services for the disabled; high-tech communications facilities and a multimedia area," said states library manager Alan Flores.

A civic precinct integrating the development with the green heart of the city, Kibble Park, is also planned, while a lounge area in conjunction with an indoor/outdoor

foyer will cater for the lecture facilities within the building.

In January this year the University of Newcastle signed a memorandum of understanding with the Central Coast Regional Development Corporation, paving the way for a university presence in the city and as part of the Park Central development.

The centre's completion is currently set for 2015.



GIVING: Year 11 students at Gosford High School are becoming blood donors. Picture: Samriti Chaudhry

## Students seeing red over shortage

By SAMRITI CHAUDHRY

GOSFORD High School students are rolling up their sleeves to assist the Australian Red Cross Blood Service with its low levels of blood donations.

With the need for urgent donations, year 11 students took the initiative and organised a weekly trip to their local blood donation centre.

Statistics released by the

Australian Red Cross show that one in three Australians will need donated blood at some point in their lives, yet only one in 30 donate.

Kathy Bowlen, Australian Red Cross Blood Service national media manager, said: "An extra 160,000 donors are needed this year to meet the growing demand for blood and blood products. One thing we all have in common is that our

blood is precious".

Gosford High School blood donations youth ambassadors Tom Williams and Sukriti Jetely are encouraging peers to get on board and raise awareness for the ongoing need.

"Being a youth ambassador has given me a greater sense of responsibility, it has opened my eyes to what people go through and their need for blood," said Sukriti.

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