

Range of services at TransCare

TRANSCARE provides a varied range of services to assist older and disadvantaged residents in the Muswellbrook and Upper Hunter Shires.

These services are designed to ensure that community members are able to continue living comfortably in their own homes for as long as possible.

Social Support: Care coordinator Samm Turri said TransCare's 'Social Support' program provides caring volunteers to help with services including shopping, social outings, medical appointments, companionship and odd jobs.

TeleCare: Services coordinator Judi Scotts commented this service involves one of our friendly volunteers calling every morning, including weekends between 8am and 9am. If the client does not answer their morning call, emergency procedures will be put into place to make sure the client is not at risk e.g. had a fall or become too ill to answer the phone.

Scone Meals on Wheels: Scone Meals on Wheels program provides healthy

nutritious meals to suit a client's personal requirements and can accommodate special dietary needs, cultural and taste preferences. Volunteers deliver frozen meals that are ready for microwaving on a weekly basis.

Domestic Assistance: This service offers essential cleaning of your home, changing of bed linen, laundry and extra cleaning by arrangement. Private cleaning and business cleaning is also available.

Personal Care: Ms Scotts said that personal care aids people with daily personal care such as bathing, dressing and hair grooming and provides assistance with dental hygiene. This service is available Monday to Friday.

Community Transport: Transport coordinator Helen Schlegel said community buses are used between Merriwa, Muswellbrook, Aberdeen, Scone and Murrurundi. "We transport frail, aged, people with a disability and their carer's, as well as people with limited means of transport," she said.

"TransCare also utilise volunteers to

transport people in cars to various appointments between Newcastle and Tamworth.

"There is a client contribution asked for this service."

Ms Turri said that some of these services rely heavily on the assistance of volunteers.

"We at TransCare are now calling for new volunteers.

"If you like that feeling you get when you've helped someone, or that you're truly valued and appreciated then becoming a volunteer may be for you," she said.

If you can spare an hour or two a week then please contact Samm on 6545 3113. TransCare's administration centre is located at Barwick House, 214 Kelly Street, Scone.

People are quite welcome to simply drop in for a cuppa in our lounge area or use our wheelchair accessible bathroom facilities.

If you have any questions please call our friendly staff on 6545 3113.



TRANSPORT: One of TransCare's services are community buses used between Merriwa, Muswellbrook, Aberdeen, Scone, Murrurundi and Tamworth.

New name, same service at Murravale

MURRAVALE Aged Care Facility has recently undergone a name change and is now Murravale Retirement Home Ltd.

This change incorporated the name of the organisation and the facility.

The support shown by the community and local organisations to the facility is greatly appreciated and assists the staff with the updating of rooms and furniture.

Murravale offers respite care and permanent care with 24 permanent rooms and one respite room.

Some of the rooms have a connecting panel that can be opened allowing care for couples to be offered.

The facility has fences surrounding the site which allows people with dementia to wander around the grounds in safety.

The gates can also be locked should a resident work out how to get them open. The staff find visitors very supportive when this occurs.

They also offer community care packages in the Murrurundi district and are willing to visit people in their home to explain what the packages are and how you can be assessed to receive care.

People are very welcome to visit the facility and to meet the staff.

The web address is www.murravalemurrurundi.com

Please ring the staff on 6546 6668 if you are looking for care in the home, respite care or permanent care.

Dementia care at Strathearn

DEMENTIA is a challenging and sometimes confronting disease to have to deal with when a loved one is directly impacted by this disease.

Strathearn CEO Matthew Downie said often the partner of someone affected by this disease can find it extremely demanding to the point of being overwhelming at times.

Strathearn has a range of services which can assist those who suffer from the disease, and their carers.

These services range from daily respite and activities programs via our Day Therapy Centre, through to short and longer term respite care and accommodation. Strathearn can also provide in home care and support services.

Strathearn recently won an award at the Hunter Valley Aged Care Awards, recognising the wonderful work the team provide. The award commended Strathearn's Activities Team on their 'Olympic Games' and other regional activities.

"For those who are caring for a loved one suffering from the disease, it is extremely important that they too get the support they need in order to continue providing that care," Mr Downie said.

"It is also important that those suffering from the disease get access to activities and care support in their daily lives as well.

"The importance to continue to develop quality care services and accommodation to provide for those suffering from dementia cannot be undervalued," Mr Downie said.

"Which is why Strathearn is committed to providing a new standard in Dementia Residential Care for the Upper Hunter region."

Strathearn House, the new aged care facility to be built, is based around a "house" model of care, moving far away from the more traditional institutional approach of Nursing Homes.

Work is expected to start in early 2014, although work has already begun on site with the new Retirement Living homes.



STEPPING UP: Strathearn's new aged care facility to be built on Gundy Road.

"Strathearn Villas is also another solution we are providing for our elders in the community - giving an option for a dedicated purpose built home to provide a safe environment for elders to live in," Mr Downie said.

"Should care ever be required in those homes, Strathearn can provide this, and do so in a safe environment for both the care provider and the resident.

"This is an exciting time for Strathearn as we continue to grow in the provision of services and accommodation for elders in the Upper Hunter region."

Hunter Ltd

TransCare

Welcome to the new world of care

Drop into our office at 'Barwick House' 214 Kelly St Scone. Our friendly staff look forward to assisting you with your enquiries about our services or call us on

6545 3113

We'll be there...

<ul style="list-style-type: none"> ■ Medical Transport ■ Community Transport ■ Scone Meals on Wheels ■ Domestic Assistance ■ TransChore 	<ul style="list-style-type: none"> ■ Personal Care ■ Companionship ■ Social Support - shopping ■ TeleCare ■ TransClean
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TransCare relies on the dedication of our committed volunteers to provide continuing quality service and care

"Volunteers make the difference"

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Murrurundi Retirement Homes Association Inc

Murravale Aged Care Facility

Murravale is a 25 bed low care facility with ageing in place.

With 24 permanent rooms and one respite room, our facility is a person centred care facility.

Ph: 6546 6668 Fax: 6546 6491
6-10 Haydon Street Murrurundi NSW 2338
 E: murravale@hunterlink.net.au | www.murravalemurrurundi.com

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Strathearn

ADDING life TO YEARS

Strathearn is a leading Community Owned Organisation based in Scone, servicing the needs of the elderly for the Upper Hunter Region.

Strathearn provides a range of Aged Care and related Services. Specific areas we focus on include:

- Day Time Respite Services
- Short term stay Respite Care
- Accommodation for the Elderly
- Low Care Accommodation
- High Care Accommodation
- Community Care Services
- Day Therapy Program (Elderwise)

For all your Aged Care needs, please feel free to contact us for advice and solutions. Or for further information please visit our website at: www.strathearn.org.au

We welcome your enquiries:

Janelle Birch, Director of Care Services
 Susan Swanson, Services Manager
 Gayle Ashford, Deputy Director of Care
 Matthew Downie, Chief Executive Officer

Ph 6545 1255

www.strathearn.org.au

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