



International Day of People with Disability 2013



Plenty of abilities

INTERNATIONAL Day of People with Disability is about including people with disabilities in everyday life in our community. It's about seeing people for who they are, not just seeing what they can't do.

"It's important to acknowledge people with disabilities as contributing members of our community" CareWest acting day program manager Melissa Snell said.

"Many people who have a disability go to the gym, drink coffee in cafes, shop at local retailers and have a job, the same as everyone else.

"International Day of People with Disability is also an opportunity to recognise and thank individuals and businesses in the community who support people with disabilities."

Participants in CareWest's day programs are regular visitors to 2 Fat Ladies at Lucknow and Fitness Perfection Gym, as these businesses are supportive and recognise the value of this customer group. Participants socialise, shop and develop their fit-



SUPPORT: Robyn McNamara with personal trainer Janene Wood at Fitness Perfection.

ness, depending on their personal choices.

Electrolux has long been a supporter of CareWest Disability Services and recently donated a chest freezer when the old one broke down.

The Robin Hood Hotel is hosting the CareWest Disability Services Christmas party on December 13, where they will be catering for about 100 clients, families and staff.

CareWest took part in the 21st birthday celebrations of International Day of People with Disability at Orange PCYC on Monday.

The MAD Hatters Ball (Music, Art, Dance) was a celebration of diversity in our community and included food, music and an interactive art display.

To find out what disability services are available, from toddlers to the aged, call CareWest's personal information service CommunityLink on 1300 CAREWEST (1300 227 393).

Building careers for a better future

AS a provider of Disability Employment Services and operator of an Australian Disability Enterprise at Huntley Berry Farm, OCTEC is a key service provider for people with disability in Orange.

OCTEC has been providing these services for 20 years and has assisted hundreds of people into employment and supported them to further their careers.

OCTEC's Orange Employment Service supports people with disability to identify and overcome barriers to employment, find suitable vacancies, undertake cold canvassing for positions, negotiate workplace modifications where needed, and maintain their employment when workplace or personal difficulties arise.

Consultants also work with OCTEC Training Services and OCTEC Q.temp to identify traineeship and short-course training opportunities, as well as work experience through temporary labour hire positions.

"We work with local employers to identify suitable positions for our clients and to promote the benefits of employing someone with a disability," OCTEC area manager Tammy Archer said.

"Research shows that people with disability have lower absenteeism, higher retention rates and fewer OHS incidents than other members of the workforce. The employment of people with disability is much more than a charitable exercise; it makes good business sense and we're happy to make the business case to employers."

Students with a disability in their last year of school can register directly with Orange Employment Service without a referral.

OCTEC's Orange Employment Service is a provider of Disability Employment Services, a program funded by the Commonwealth of Australia as represented by the Department of Social Services.

Help is at hand for new TAFE students

STUDENTS who are newly enrolled, or who may be thinking of enrolling can benefit from the wide range of support services offered by TAFE Western that will help them succeed in their studies.

TAFE Western's Teacher Consultants Disability are committed to ensuring all students are able to participate in education and training and help them complete and succeed in their chosen Course.

About 10 per cent of students who enrol at TAFE Western have a disability and are eligible for support from the Teacher Consultants Disability.

Knowing what kind of support is available, and getting the support needed can really make a difference for the student. Sometimes people feel nervous about coming to TAFE and asking for help

The Teacher Consultants understand this and offer confidential and tailored support on a number of levels.

If you are thinking of studying at TAFE Western they can help you

choose the right course, help with enrolment, fee exemptions, classroom and study support, access issues, links with employment and other agencies.

To find out more, call one of TAFE Western's Teacher Consultants Disability who will be available to talk to until December 13, 2013 and then from January 20, 2014. Enrolments are open now until February 2014 when classes commence.

● Intellectual and Learning Disabilities: Catherine Bell, 63382528, catherine.bell@det.nsw.edu.au.

● Mental Health: Paula Cahill, 6338 2535, paula.cahill3@det.nsw.edu.au.

● Deaf and Hearing Impaired: Jenelle Copeland, 6338 2590 jenelle.copeland@det.nsw.edu.au.

● Visual Disabilities: Ken Lofts, 63 382 525, kenneth.lofts@det.nsw.edu.au.

● Physical, Acquired Brain Injury and Medical Conditions: Sue Pardey, 6391 5658, sue.pardey@det.nsw.edu.au.

Breaking down barriers

LIFE Without Barriers is a national not-for-profit community-based organisation working to support children and young people in crisis, people with a disability and those with a mental health issue.

The organisation is a leading provider of care in Australia and is renowned for providing its clients with support in a flexible and person-centred way.

In fact, Life Without Barriers is the largest provider of out-of-home care in Australia, with more than 3000 employees, carers, contractors and volunteers supporting almost 2000 clients with high and complex needs in Australia and New Zealand.

Locally, the Life Without Barriers Orange Day Centre operates from 8.30am to 5pm, Monday to Friday, providing short, medium and long-term programs supporting people aged 18 to 65 liv-



LOADS OF FUN: Life Without Barriers staff and clients attend the MAD Ball at the PCYC on Monday.

ing with intellectual disabilities to become active and valued members of their community, participate in recreational and leisure activities, achieve their goals and realise their potential.

Programs include community participation, transition to work, life choices, active ageing and post-school options.

The programs are client-based and focus on the client's needs and what they want to achieve, whether it be

community participation, confidence building, work, money or life skills.

Learning and life skill programs such as swimming, shopping, cooking and literacy enable clients to develop independence, while recreational programs such as exercise, sporting and art groups enable them to enjoy hobbies and try new things.

For more information about Life Without Barriers services call our local office on 6394-9700.

See me for who I am, not for what I'm not.

International Day of People with Disability



1300 CAREWEST
our community, one number
www.cw.org.au 1300 227 393



OCTEC Employment Services

Supporting:

- ✓ School Leavers and other Job Seekers
- ✓ Workers whose Job is in Jeopardy
- ✓ Employers

Your disABILITY employment specialists

Call in and see us at:
247 Anson St Orange



6362 8169

orangeemploy@octec.org.au

Supporting employers with great staff, wage subsidies and training



i need support for my studies

TAFE Western can help students with a disability succeed at TAFE.

- Enrolment advice and assistance
- Planning for ongoing support with your learning
- Information on services and adaptive equipment available
- Advice on financial support

Intellectual and Learning 02 6338 2528 Deaf and Hearing 02 6338 2590
Visual 02 6338 2525 Physical, Acquired Brain Injury
Mental Health 02 6338 2535 and Medical Conditions 02 6391 5658

To find out more visit www.wit.tafensw.edu.au

Disability Services

Life Without Barriers provides a range of flexible support options for people living with disability.

Our day centre in Orange offers a range of activities including outings, cooking, shopping, exercise programs, personal care, gardening, crafts and more.

For more information contact:
92 Dalton St, Orange NSW
or phone 02 6394 9701

