



Mother's Day 2014



AW1379717

Top gifts for green thumb mums



Breakfast in bed

PAMPER TIME



Even with all the hype and commercialisation, Mother's Day deserves to be celebrated as a special occasion.

After all, it can't be a bad idea to show your mum some appreciation for bringing you into the world. If she's a gardening mum, here are a few suggestions for the perfect gift.

Rather than buying mum a bunch of roses this year, you can order her the new bloom 'Rose Peony', which will delight her for years.

As its name suggests, this black-spot-resistant rose looks like a peony.

The pale mauve and white flowers have a large, dark, purple-red eye in the centre and

open from cream buds. 'Rose Peony' reaches a height of 1.2 metres and freely repeat flowers.

Flowering cyclamen, perfumed hyacinths, colourful gerbera and beautiful begonias are available in nurseries at the moment and make attractive presents.

Another option is an eye-catching terrarium.

Gift vouchers for nurseries also make practical presents, as do subscriptions to gardening magazines and book vouchers.

Modern mums who like to recycle kitchen waste will need a compost or worm bin to produce free fertiliser.

And good gardening gloves are always well received.



Bubble bath

Technology alters mother-child relationships

TECHNOLOGY is changing the way Australians communicate with their mums, with more using social media and video calls to stay in touch, new research suggests.

But no matter what method is used, it seems one thing will never change - we still call mum for help and advice.

Data from Telstra reveals half of all Australians chat to their mums once a week and 20 per

cent do so every day. But the evidence suggests more are using apps, such as Skype, to stay in touch.

"These days, more mums are happy to be called on their mobile for the weekly catch-up and increasingly, they are enjoying video calls too," Telstra's Inese Kingsmill said.

"In fact, 10 per cent of the mums we surveyed like receiving video calls from their

kids and grandkids. Phoning home will take on new meaning as technology advances."

Many of the calls - no matter what the medium - were made out of desperation rather than kindness.

That was particularly true among younger people, with 13 per cent of those aged between 18 and 25 only telephoning mum when they wanted something.



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It's all about mum on her special day

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Treat mum to a high tea in Moree

LOOKING for something extra special to do for mum this Mother's Day?

Why not take your mum to Moree Zonta Club's high tea on May 10?

The high tea will be held in a local garden not far from town, where mothers will be able to enjoy tasty delights and a warm tea.

The Zonta club decided to host the high tea to give all mothers a one-of-a-kind day and to raise money for local

scholarship opportunities.

Local store, The Shoe Box, will showcase a range of different shoes for the season, including bags and jewellery.

Tickets are \$30 per person or \$50 per couple and are available from The Shoe Box and will also be available on the day.

To get to the high tea travel west on the Carnarvon Highway (towards Mungindi) for six kilometres. Take a right to Vitonga

Road, and then take another right onto Talloom Road.

Finally, take a right onto Bundaloe Road and look for number 84 or "Ibis".

The Zonta club are always looking for new members, and all interested are encouraged to attend their meetings every second Wednesday in each month at the Royal dining room.

All are asked to attend at 6pm for a 6.30pm start.

For more information call 0488 965 255.



Diana Sheil, Penny Crosby and Jacki Appleby ready for the high tea at "Ibis".

Honouring mum an ancient tradition

We shouldn't need an excuse to esteem our mum but on the second Sunday in May there is a special day set aside to shower her with love and gifts.

Mother's Day is a great opportunity to recognise all the hard work that our mum does and give honour where honour is due.

You may think that Mother's Day is a relatively new concept or something that was dreamed up by retailers in order to get some extra sales, but the history of Mother's Day actually dates back to ancient Greece.

The Greek's held an annual spring festival dedicated to maternal goddesses.

They used the occasion to honour Rhea, wife of Cronus and the mother of many deities of Greek mythology.

Ancient Romans, too, held a festival dedicated to a mother goddess "Magna Mater" or "Great Mother".

A temple was built in Rome for her and a celebration in her honour was made on the Ides of March with gifts and offerings brought to the temple.

The more recent history of Mother's Day dates back to the 1600s in England, where they celebrated "Mothering Sunday" on the fourth Sunday of Lent (the 40 days leading up to Easter) as a way to honour the mothers of England.

After a prayer service in church to honour Virgin Mary, children brought gifts and flowers to pay tribute to their own mother.

Many of England's poor lived and worked

as servants for the wealthy, far away from their homes and families.

On Mothering Sunday, servants were given the day off to return home and spend the day with their mothers.

A special cake, called the "mothering cake," was often baked to add to the festivities.

MODERN HISTORY

Philadelphia school teacher Anna M. Jarvis is, however, recognised as the founder of the modern Mother's Day.

She began a movement to set up a national Mother's Day in honour of her mother, Ann Maria Reeves Jarvis.

She gathered the support of hundreds of legislators and prominent businessmen to create a special day to honour mothers.

The first Mother's Day observance was a church service honouring Anna's mother. Anna handed out her mother's favourite flowers, white carnations, as they represent sweetness, purity, and patience.

In Australia, the white chrysanthemum has taken the place of the carnation, being the most prolific flower in season in May and, by chance, the flower's long name ends in 'mum'.

So this year on Sunday, May 11, be sure to carry on the long and precious tradition of honouring our mums.

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Mother's Day Menu

ENTRÉE
Seafood Platter (for 2) or Chicken Avocado Salad

MAIN
Grilled Beef & Reef or Grilled Salmon Fillets or Sweet & Sour Fish with Fried Rice

DESSERTS
Choose any one from display

Two Course \$34.90

Three Course \$40.90

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