



## **Jenna Strauch**

**Age:** 15

**Sport:** Swimming: 100m breaststroke (PB of 1.08.90) and 200m breaststroke (PB of 2.27.55)

**Club:** Melbourne Vicentre

**Coach:** Ian Pope (sprint); Craig Jackson (distance); Mark McGrath (strength, conditioning and movement).

**Squad honours:**

Member of Swimming Victoria's state team and gold development squad, as well as Melbourne Vicentre's high performance distance and sprint squads.

**Recent achievements:**

**2013:** Selected to attend Swimming Australia national events camp where she worked in a group of six elite breaststrokers, including three Olympians, trained by Australian coaches.

**2013:** Represented Australia at the Youth Olympics Festival, winning gold medals in the 100m and 200m breaststroke and breaking the meet records in both. Also picked up silver in the 4x100m medley relay.

**2012:** Won bronze medal in the 200m breaststroke at the Australian short course championships in Perth – her first national open-age medal.

**2012:** Crowned the fastest 15-year-old female breaststroker in Australia after taking out the 100m-200m double at the Australian age swimming titles.

**2012:** Represented her country in the Trans-Tasman swim challenge between Australia and New Zealand.

**2012:** Contested the Australian open-age long course championships, which doubled as the trials for the London Olympics.